



## Transtibial Protector Instructions

### Application:

- Apply protector over post-operative dressing. Once initial dressing is removed, apply sterile 4x4 gauze over incision.
- If provided, apply lambs wool over the bony areas of your limb.
- If provided, apply a clean nylon sheath next to hold gauze and lambs wool in place.
- Apply compressogrip (shrinker) sock or soft sock next, determined by the amount of compression your limb can tolerate.
- Add a spacer sock(s) next, the amount will be determined by how your limb fits inside the protector. As the volume of your limb decreases (swelling lessens) add spacer socks to accommodate the increased space inside your protector.
- Apply the Flo-Tech (protector) over the limb with the opening in front, tighten the straps and securely fasten the waist belt to keep the protector suspended.
- The protector needs to be removed at least three times a day to **inspect your skin** and readjust your compression and spacer socks. It is important to remove all wrinkles in your socks to better protect your skin.
- Wear your protector at all times unless you are taking it off to check the skin.
- You will be provided with a number of socks and sheaths and it is recommended that a clean sheath be put on each day, this is the sock next to your skin. Any socks that become soiled need to be cleaned before wearing under the protector.
- If at any time you have increased redness or pain, please inform your physician immediately.

### Protector and Sock Care and Maintenance

- If the protector becomes soiled wash it with a mild soap and warm water.
- Compression socks, sheaths and spacer socks can be either hand washed or placed in the washer to be cleaned and hung to dry or use the low setting on your dryer.

If at any time you have questions or concerns, please contact your prosthetist.