



Instructions for Transtibial Amputees with Silicone Liner and Pin Locking System

Application:

- Remove any compression socks or protector.
- Roll the silicone liner inside out and flatten the end before placing it on your limb. There should be no gapping between the liner and your limb.
- Continue to roll the liner onto your limb being careful of the pin (the pin can poke the liner if you are not careful, if this does happen, contact your prosthetist).
- The liner should be rolled completely onto the limb and never pulled onto the limb. Tension on the skin may cause skin irritation or blisters. Rolling the top 1/3 of the liner up and down a couple times will help reduce the tension.
- Once the liner is in place continue to add the appropriate amount of prosthetic sock ply.
 - Be sure that the socks are free of any wrinkles.
 - Maintaining the correct amount of prosthetic sock ply throughout the day will be an important part of a successful prosthetic experience.
 - If at any time your prosthesis seems too loose or too tight, you will need to modify the amount of sock ply.
 - It is recommended that you carry an assortment of sock ply with you for changes in volume (size of your limb) throughout the day.
- If you have a pelite liner, place that on your limb next, if not continue with next step.
- Step into your prosthesis until you are securely locked in.

Removing the Prosthesis:

- Push in and hold the button to release the lock mechanism. If the lock sticks you may have to put weight onto the prosthesis and then disengage the lock.
- Remove your limb from the prosthesis.
- Remove the liner if applicable.
- Remove any prosthetic socks and then roll your liner off of your limb.

If at any time you have questions or concerns, please contact your prosthetist.